

Being a Good Citizen and Leader in Your Institution

Christopher Sonnenday, MD, MHS
The Darrell A. Campbell, Jr., MD, Collegiate Professor of Transplant Surgery
Surgical Director of Liver Transplantation
Executive Vice Chair, Department of Surgery



Disclosures



No disclosures



Citizenship

What is Citizenship?





Citizenship implies duty and obligation in return for inclusion in the greater group.

Citizenship 101: The basics



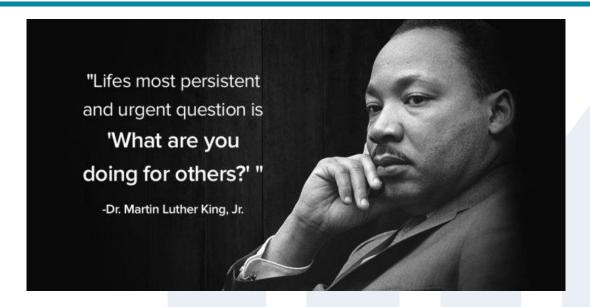
AKA... how to stay off your chairperson's radar

- Treat those who support your work administrative
 assistants, advanced practice providers, nursing staff, clerical
 staff, maintenance staff impeccably
- Sign notes and bill on time
- Complete resident and student evaluations
- Attend department meetings, M&M regularly
- "I'm too busy" is not an excuse



Citizenship 201: Service





Service commitments are necessary for the good of the group, but may offer little direct benefit to the participant. In the best teams and cultures, these commitments are shared equally.

How do you decide which service commitments to take on?



Ground rules:

- 1. Enjoy the honeymoon period.
- 2. Limit to 1-2 at a time.
- 3. Accept these opportunities gratefully, but with a term limit.
- 4. Service commitments to prioritize:
 - a) Service aligns with career goals
 - b) Service aligns with goals of a key mentor or your team



Citizenship: Who do you represent?



Remember that from this day forward you not only represent yourself, you represent:

- Your partners
- Your mentors
- Your subspecialty
- Your department
- Surgery

Remember who you represent





Don't play hospital games

- Speak with people directly
- Do not resolve conflicts in the chart or loudly in the hallway
- If you are asked to be involved, follow through
- Don't rely on previous systems



Leadership

Leadership is intentional





Consider this...



 Training in academic surgery may not prepare you to effectively lead multidisciplinary teams outside of the operating room.

 In fact... Training in academic surgery may prevent you from effectively leading multidisciplinary teams outside of the operating room.

Traditional leadership in surgery





Titles valued more than opportunities

Means to an end...



Leaders chosen because:

-busiest clinician -most RO1s



Traditional hierarchy

"Boardroom" decision-making



Cult of personality

Accountable to individual



Passion

Follow your passion



People with great passion can make the impossible happen.

SURGERY

Gynecology & Obstetrics

DECEMBER 1963

VOLUME 117 NUMBER 6

HOMOTRANSPLANTATION OF THE LIVER IN HUMANS

T. E. STARZL, M.D., F.A.C.S., T. L. MARCHIORO, M.D., K. N. VON KAULLA, M.D., G. HERMANN, M.D., R. S. BRITTAIN, M.D., and W. R. WADDELL, M.D., F.A.C.S., Denver, Colorado

An IDEAL TREAT: liver disease would organ and orthor hepatic homogracarcinoma of the the bile ducts, and



st attempt resulted table. The course its establishes the ration in humans, h occurred 22 and ntation from pul-

Passion is the antidote



Clinical medicine is hard.

 Patients and team members will judge you by your passion for your work.

Inspiration and innovation don't appear when you are coasting.



Authenticity

Test your authenticity



Does my team recognize me as the most passionate and committed member?

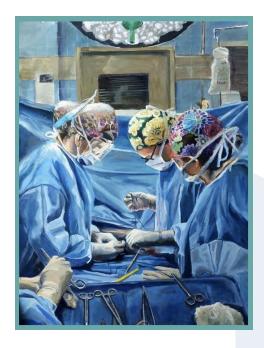


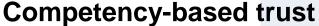
"Surgeons should inspire others. They must keep the spirit and mission of the team at the forefront"

Shon Dwyer, MBA, RN
Executive Director University Hospital/CVC
Michigan Medicine

Authenticity and trust







Clinical skill New knowledge Teaching ability Citizenship

Entry-level Criteria



Character-based trust

Trust is earned every day with patients and team members.

Common threats to authenticity



- You move heaven and earth to make a meeting with your boss, but cancel meetings with team members at the slightest conflict and at late notice.
- You treat patients, medical students, nurses, team members differently when your attending/boss is present.
- Acting as if certain tasks are below you.
- Appearing too busy to be approachable.
- Allowing a senior or expert team member to violate team rules or abuse other members.



Leadership for inclusion



Credit: Susan Pitt @susieQP8

Inclusive leadership



- All voices deserve to be heard
- Contribution to your team should not be a competition
- LISTEN
- SPEAK UP



Ari Kanters @arikanters, Eva Sarah Shubeck @spshubeck, Jane

The importance of speaking up





"The standard you walk past is the standard you accept.

That goes for all of us, but especially for those who have a leadership role."

Pay attention to how leadership is granted



- Leadership need to reflect the teams they lead
- Selection processes need to be transparent and reproducible
- Sometimes the best thing to do may be to get out of the way



Erika Newman, Lesly Dossett, Jennifer Waljee



3 Essential Leadership Lessons

Three essential leadership lessons



1. Learn the difference between success and fulfillment.

Success and Fulfillment





Never forget that success is defined by others and is often an illusion.

Seek fulfillment.

Three essential leadership lessons



1. Learn the difference between success and fulfillment. Seek fulfillment.

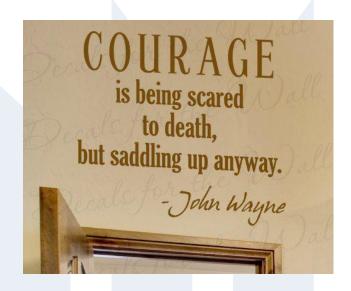
Learn the difference between confidence and courage.

Confidence and Courage





Confidence is the sense of calm you gain through practice and repetition.



Courage is doing the right thing despite fear and unfamiliarity.

Three essential leadership lessons



 Learn the difference between success and fulfillment. Seek fulfillment.

Learn the difference between confidence and courage. You need both.

3. Protect yourself.

Protect yourself









Thank you

Chris Sonnenday

Email: csonnend@umich.edu

Twitter: @HPB_Txp_Surg

