

Am I worth investing in? Establishing a track record

Filip Bednar, MD, PhD

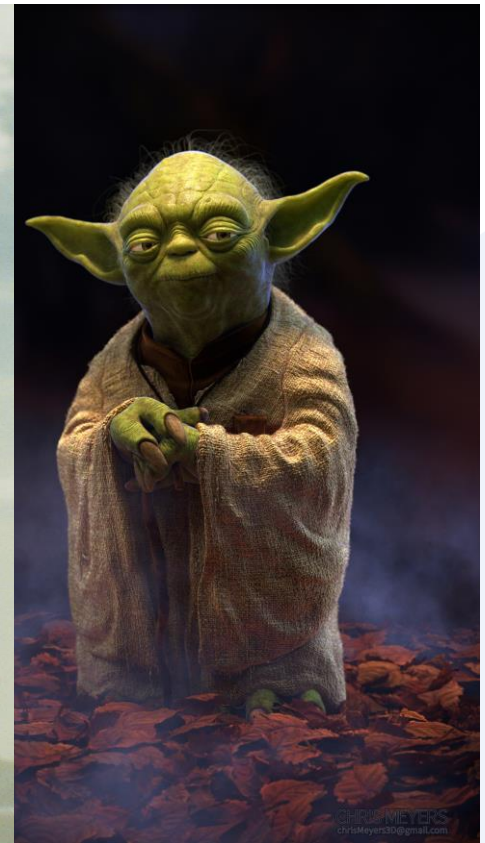


@Fil_Bednar

Disclosures

- I have no financial disclosures
- I DO have a very strong bias

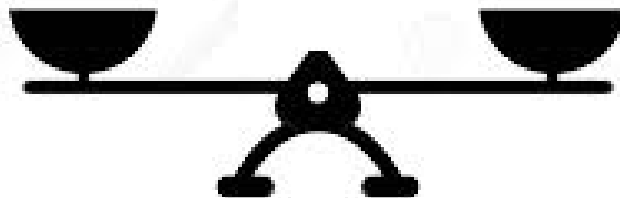
The Problem



The Chair's Decision

RISK

Clinical
Cultural – do you fit?
Financial
Academic – highest
risk of failure

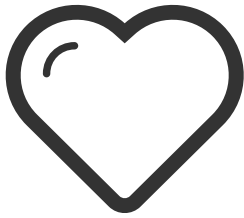


BENEFIT

Departmental
Institutional
Individual

Benefit out of your control, depends on the belief of the chair/institution.
Risk MITIGATION is where YOU HAVE CONTROL.

The Tools



Passion for research



Expertise / Story

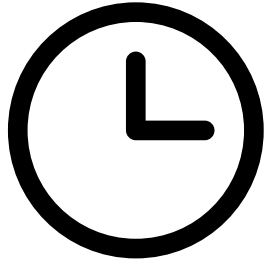


Ideas / Writing



Publications

Development



Time

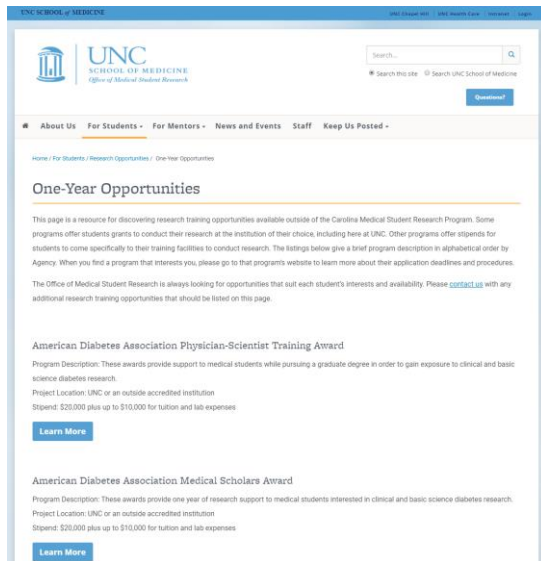


Mentorship
Sponsorship



Money/Resources

Medical Students Resources



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One-Year Opportunities

This page is a resource for discovering research training opportunities available outside of the Carolina Medical Student Research Program. Some programs offer students grants to conduct their research at the institution of their choice, including here at UNC. Other programs offer stipends for students to come specifically to their training facilities to conduct research. The listings below give a brief program description in alphabetical order by Agency. When you find a program that interests you, please go to that program's website to learn more about their application deadlines and procedures. The Office of Medical Student Research is always looking for opportunities that suit each student's interests and availability. Please [contact us](#) with any additional research training opportunities that should be listed on this page.

American Diabetes Association Physician-Scientist Training Award

Program Description: These awards provide support to medical students while pursuing a graduate degree in order to gain exposure to clinical and basic science diabetes research.

Project Location: UNC or an outside accredited institution

Stipend: \$20,000 plus up to \$10,000 for tuition and lab expenses

[Learn More](#)

American Diabetes Association Medical Scholars Award

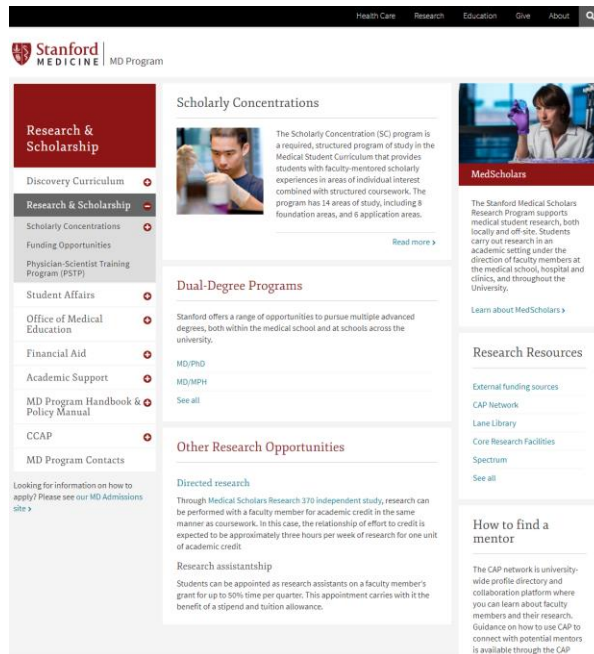
Program Description: These awards provide one year of research support to medical students interested in clinical and basic science diabetes research.

Project Location: UNC or an outside accredited institution

Stipend: \$20,000 plus up to \$10,000 for tuition and lab expenses

[Learn More](#)

<https://www.med.unc.edu/omsr/resources-for-students/research-opportunities-1/>



Stanford MEDICINE MD Program

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Research & Scholarship

Discovery Curriculum

Scholarly Concentrations

Funding Opportunities

Physician-Scientist Training Program (PSTP)

Student Affairs

Office of Medical Education

Financial Aid

Academic Support

MD Program Handbook & Policy Manual

CCAP

MD Program Contacts

Looking for information on how to apply? Please see our [MD Admissions site](#)

Scholarly Concentrations

The Scholarly Concentration (SC) program is a required, structured program of study in the Medical Student Curriculum that provides students with faculty-supervised scholarly experiences in areas of individual interest combined with structured coursework. The program has 14 areas of study, including 8 foundation areas, and 6 application areas.

[Read more >](#)

Dual-Degree Programs

Stanford offers a range of opportunities to pursue multiple advanced degrees, both within the medical school and at schools across the university.

MD/PhD

MD/MPH

[See all](#)

Other Research Opportunities

Directed research

Through Medical Scholars Research 170 independent study, research can be performed with a faculty member for academic credit in the same manner as coursework. In this case, the relationship of effort to credit is expected to be approximately three hours per week of research for one unit of academic credit.

Research assistantship

Students can be appointed as research assistants on a faculty member's grant for up to 50% time per quarter. This appointment carries with it the benefit of a stipend and tuition allowance.

MedScholars

The Stanford Medical Scholars Research Program supports medical student research, both locally and off-site. Students carry out research in an academic setting under the direction of faculty members at the medical school, hospital and clinics, and throughout the University.

[Learn about MedScholars >](#)

Research Resources

External funding sources

CAP Network

Lane Library

Core Research Facilities

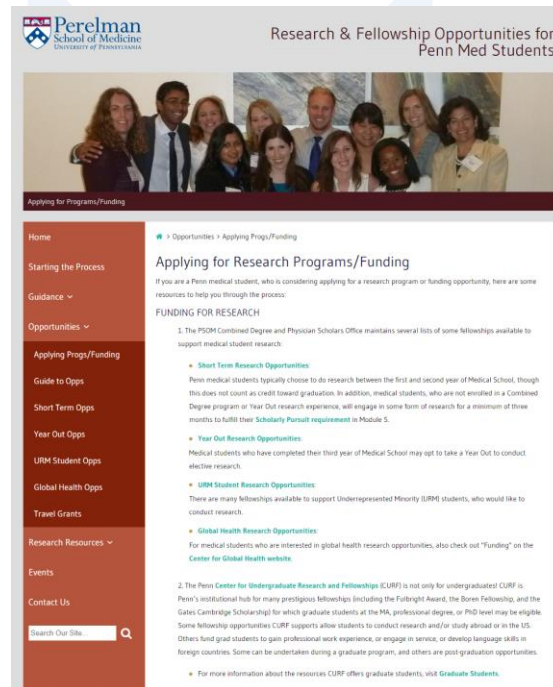
Spectrum

[See all](#)

How to find a mentor

The CAP network is university-wide profile directory and collaboration platform where you can learn about faculty members and their research. Guidance on how to use CAP to connect with potential mentors is available through the CAP

<http://med.stanford.edu/md/student-research.html>



Perelman School of Medicine University of Pennsylvania

Research & Fellowship Opportunities for Penn Med Students

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Short Term Opps

Year Out Opps

URM Student Opps

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Applying for Research Programs/Funding

If you are a Penn medical student, who is considering applying for a research program or funding opportunity, here are some resources to help you through the process:

FUNDING FOR RESEARCH

1. The PSOM Combined Degree and Physician Scholars Office maintains several lists of some fellowships available to support medical student research:

- Short Term Research Opportunities:** Penn medical students typically choose to do research between the first and second year of Medical School, though this does not count as credit toward graduation. In addition, medical students, who are not enrolled in a Combined Degree program or Year Out research experience, will engage in some form of research for a minimum of three months to fulfill their [Scholarship Period requirement](#) in Module 3.
- Year Out Research Opportunities:** Medical students who have completed their third year of Medical School may opt to take a Year Out to conduct elective research.
- URM Student Research Opportunities:** There are many fellowships available to support Underrepresented Minority (URM) students, who would like to conduct research.
- Global Health Research Opportunities:** For medical students who are interested in global health research opportunities, also check out "Funding" on the [Center for Global Health website](#).


2. The Penn [Center for Undergraduate Research and Fellowships \(CURF\)](#) is not only for undergraduates CURF is Penn's institutional hub for many prestigious fellowships including the [Fulbright Award](#), the [Boren Fellowship](#), and the [Gates Cambridge Scholarship](#) for which graduate students at the MA, professional degree, or PhD level may be eligible. Some fellowship opportunities CURF supports allow students to conduct research and/or study abroad or in the US. Others fund grad students to gain professional work experience, or engage in service, or develop language skills in foreign countries. Some can be undertaken during a graduate program, and others are post-graduation opportunities.

For more information about the resources CURF offers graduate students, visit [Graduate Students](#).

<https://www.med.upenn.edu/mdresearchoppo/>

Medical Students Resources

U.S. Department of Health and Human Services

 National Institute of Diabetes and Digestive and Kidney Diseases

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Research & Funding Health Information News About NIDDK

Home \ Research and Funding \ Funding Process \ Apply \ About Funding Mechanisms \ T32 \ T32: Medical Student Research Training Supplement

T32
T32: Medical Student Research Training Supplement

T32-Diversity: NRSA Diversity Supplement Award

T32: Medical Student Research Training Supplement

The MSRT at NIDDK

The Medical Student Research Training (MSRT) program provides mentored support for medical students interested in taking a year off from their medical school studies to work in an academic research lab. This support is via a supplement to a training grant (T32) in the appropriate area of research. A list of currently funded T32 program locations with the Principal Investigator contact information is available. Providing the opportunity for students to interrupt their medical school studies for up to 12 months to pursue a research project should help them solidify their decisions to pursue a research career, focus their research interests, and provide a background for future training and career development programs once they have completed their medical training.

Funding

Funds will be awarded as a supplement to the appropriate NIDDK-T32 grant at the institution.

NIDDK will provide, prorated for the actual period of support


- a stipend at the current published predoctoral stipend level
- \$4,200 for research support

Guidelines for the T32 Principal Investigator and candidate medical student

For an application to be considered, a medical student must:

- have established a relationship with a faculty sponsor at a funded NIDDK T32 where the program goals align with the candidate's proposed research at least 2-4 months prior to application submission date
- be a medical student in good standing
- have completed at least one year of medical school education
- have full time commitment of a minimum of 9 months, up to a maximum of 12 months, to participate in the program
- have the permission of the Dean of their medical school to participate in this program at their own or another institution
- be a U.S. citizens or permanent residents

U.S. Department of Health and Human Services National Institutes of Health

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Medical Research Scholars Program

PROGRAMS AND SERVICES

For Students

- Summer Internships
- Medical Research Scholars Program
- Clinical Electives

For Recent Graduates

- Postbac Program

For Residents/Fellows

- Graduate Medical Education
- Elective Rotations
- Clinical Fellows Corner
- Loan Repayment Program

Other Opportunities

- Continuing Medical Education
- Responsible Conduct of Research Training
- Other NIH Training/Educational Resources

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APPLY NOW!!!

The Medical Research Scholars Program is a year long research immersion program for future clinician-scientists that advances health by inspiring careers in biomedical research. By engaging students in basic, clinical, or translational research investigations, offering a curriculum rich in didactics and professional development, and featuring a robust mentorship and advising program, MRSP prepares its Scholars to become tomorrow's leaders in medicine and biomedical research.

Eligibility

The 12 month program is designed for students who are U.S. citizens or permanent residents, have a strong interest in conducting basic, translational, clinical or epidemiological research and are currently enrolled in their 2nd, 3rd, or 4th year at an accredited medical, dental, or veterinary program.

Dental and veterinary students: due to the integrated nature of the third and fourth (clinical) years, participation in the MRSP is recommended after you have completed your second or fourth year in school.

Program Curriculum	Benefits	How to Apply
<ul style="list-style-type: none">• Scholars participate in the full continuum of biomedical research—from bench investigations to bedside applications• Dedicated lectures highlighting the process of discovery including bioethics, science policy and emerging technologies• Interactive case-centered Clinical Teaching Rounds with investigators presenting their research with participating patients	<ul style="list-style-type: none">• Annual stipend• Furnished residential housing• Relocation Allowance• Funding support for conference travel, scientific courses, and textbooks	<ul style="list-style-type: none">• The application cycle for the 2020-2021 class will be October 1, 2019-January 10, 2020

PROGRAM SPECIFIC ELEMENTS

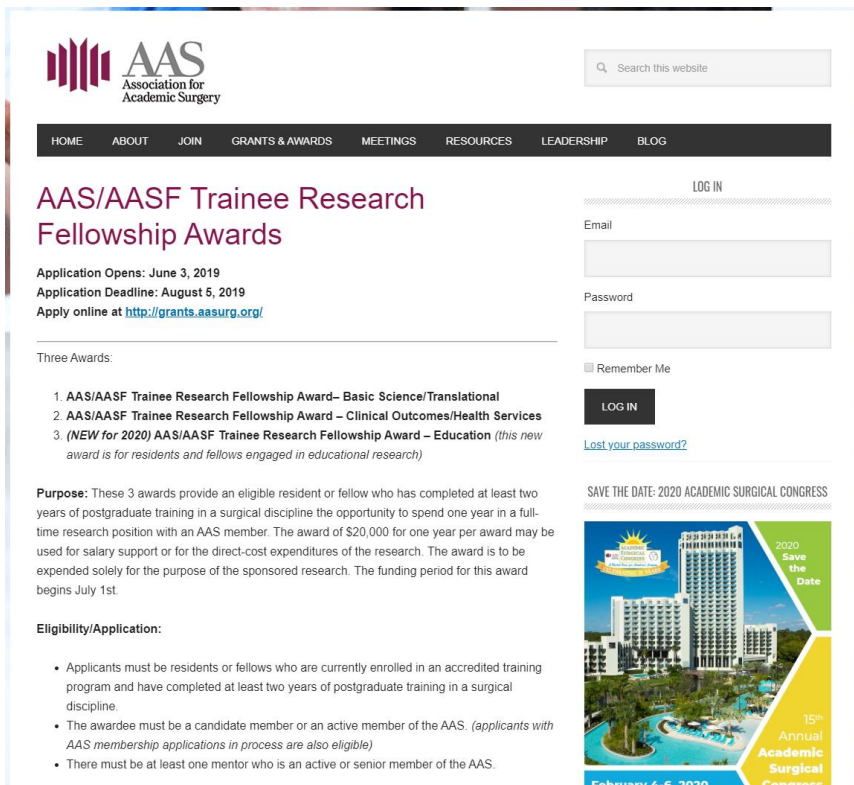
- General Information
- Application
- FAQs
- Program Highlights
- **QUESTIONS?** Email the MRSP Team

WHAT'S NEW

Press Release: NIH Announces 2019-2020 Medical Research Scholars Program Class

MRSP Informational Webinar: November 7, 2019 1PM EST
Join webinar via computer or mobile device
Join by phone: 1-650-479-3208
Meeting Number: 621 063 601
Meeting Password: MRSP2020

Resident Resources



AAS
Association for
Academic Surgery

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AAS/AASF Trainee Research Fellowship Awards

Application Opens: June 3, 2019
Application Deadline: August 5, 2019
Apply online at <http://grants.aasurg.org/>

Three Awards:

1. AAS/AASF Trainee Research Fellowship Award– Basic Science/Translational
2. AAS/AASF Trainee Research Fellowship Award – Clinical Outcomes/Health Services
3. (NEW for 2020) AAS/AASF Trainee Research Fellowship Award – Education (*this new award is for residents and fellows engaged in educational research*)

Purpose: These 3 awards provide an eligible resident or fellow who has completed at least two years of postgraduate training in a surgical discipline the opportunity to spend one year in a full-time research position with an AAS member. The award of \$20,000 for one year per award may be used for salary support or for the direct-cost expenditures of the research. The award is to be expended solely for the purpose of the sponsored research. The funding period for this award begins July 1st.

Eligibility/Application:

- Applicants must be residents or fellows who are currently enrolled in an accredited training program and have completed at least two years of postgraduate training in a surgical discipline.
- The awardee must be a candidate member or an active member of the AAS. (*applicants with AAS membership applications in process are also eligible*)
- There must be at least one mentor who is an active or senior member of the AAS.

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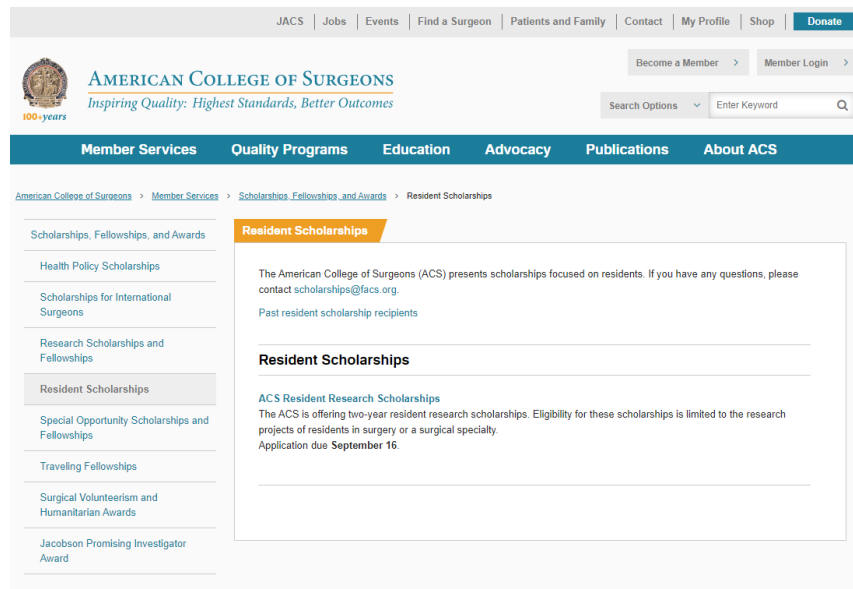
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American College of Surgeons > Member Services > Scholarships, Fellowships, and Awards > Resident Scholarships

Scholarships, Fellowships, and Awards

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- Scholarships for International Surgeons
- Research Scholarships and Fellowships
- Resident Scholarships
- Special Opportunity Scholarships and Fellowships
- Traveling Fellowships
- Surgical Volunteerism and Humanitarian Awards
- Jacobson Promising Investigator Award

Resident Scholarships

The American College of Surgeons (ACS) presents scholarships focused on residents. If you have any questions, please contact scholarships@facs.org.

[Past resident scholarship recipients](#)

Resident Scholarships

ACS Resident Research Scholarships

The ACS is offering two-year resident research scholarships. Eligibility for these scholarships is limited to the research projects of residents in surgery or a surgical specialty. Application due September 16.

Society grants

Resident Resources

U.S. Department of Health & Human Services | National Institutes of Health

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NIH National Institutes of Health
Research Training and Career Development

Divison of Biomedical Research Workforce

SEARCH [] Q FAQs
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About DBRW Career Path Programs Institute/Program Matrix Resources

Training Fellowships Career Development Other Training-Related

Individual Fellowships

RTCD Home > Program Details



F32

Ruth L. Kirschstein Postdoctoral Individual National Research Service Award

Program Purpose

The purpose of the Kirschstein-NRSA postdoctoral fellowship is to enhance the research training of promising postdoctoral candidates who have the potential to become productive, independent investigators in scientific health-related research fields relevant to the missions of the participating NIH Institutes and Centers.



PD/PI	Eligibility	Career level
	U.S. citizen or permanent resident, with research or clinical doctoral degree.	Postdoctorate/Residency



INSTITUTION	Eligibility
	U.S. domestic institutions, Foreign Institutions.

Relevant Policy Notices

NIH Funding Opportunity Announcements

The links below provide details on funding amounts period of performance, application dates and eligibility:

- NINDS Ruth L. Kirschstein National Research Service Award (NRSA) for Training of Postdoctoral Fellows (F32 Clinical Trial Not Allowed)
- Ruth L. Kirschstein National Research Service Award (NRSA) Individual Postdoctoral Fellowship (Parent F32)
- NIDCD Research Dissertation Fellowship for Au.D. Audiologists (F32) (Clinical Trials Not Allowed)
- BRAIN Initiative Fellows: Ruth L. Kirschstein National Research Service Award (NRSA) Individual Postdoctoral Fellowship (F32)
- Agency for Healthcare Research and Quality (AHRQ)-sponsored National Research Service Award (NRSA) Individual Postdoctoral Fellowship (F32)

U.S. Department of Health & Human Services | National Institutes of Health

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About DBRW Career Path Programs Institute/Program Matrix Resources

Training Fellowships Career Development Other Training-Related

Institutional Training Grants

RTCD Home > Program Details



T32

Ruth L. Kirschstein Institutional National Research Service Award

Program Purpose

The purpose of this Kirschstein-NRSA training program is to enable institutions to recruit individuals selected by them for predoctoral and postdoctoral research training in specified shortage areas. The goal of this program is to prepare qualified predoctoral and/or postdoctoral trainees for careers that have a significant impact on the health-related research needs of the Nation.



APPOINTEE	Eligibility	Career level
	U.S. citizens or permanent residents enrolled in a research or clinical doctoral or postdoctoral program.	Graduate/Clinical Doctorate, Postdoctorate/Residency



PD/PI	Eligibility	Career level
	Established investigator capable of providing administrative and scientific leadership.	Established Investigator



INSTITUTION	Eligibility
	U.S. domestic institutions.

NIH Funding Opportunity Announcements

The links below provide details on funding amounts period of performance, application dates and eligibility:

- MD-PhD Training Program in Alzheimer's Disease and Related Dementias and the Behavioral and Social Sciences (T32 Clinical Trial Not Allowed)
- National Institute of General Medical Sciences (NIGMS) Bridges to the Doctorate (T32)
- Institutional Translational Research Training Program (T32)
- NINDS Institutional Research Training Program (T32)
- Graduate Research Training Initiative for Student Enhancement (G-RISE) (T32)
- Medical Scientist Training Program (T32)
- Initiative for Maximizing Student Development (IMSD) (T32)
- T32 Training Program for Institutions That Promote Diversity (T32 Clinical Trial Not Allowed)
- Institutional Training Programs to Advance Translational Research on Alzheimer's Disease and AD Related Dementias (T32 -

F32 / T32 grants

Become the research master!

