

# Resources & Opportunities for Global Surgery Research

Tamara Fitzgerald MD PhD
Assistant Professor of Surgery, Duke University

S. Nabeel Zafar MD MPH
Clinical Fellow, MD Anderson Cancer Center



### Disclosures



• No disclosures

### Finding Opportunities



Step 1:

Soul Search

Step 2:

Find a mentor

Step 3:

Show up and do the work

- Identify broad area of specialty
   (Peds, Gyne, Onc, Trauma, H&N, Gen Surg etc)
- Is there a type of research you are most interested in? (Quality, safety, outcomes, access, policy, epi etc)
- Is there a geographical area you want to work in? (West Africa, Haiti, South Asia, etc)

OMM IT!!!

### What are Your Assets?





### What is the Style of the Mentor?







## Is the work motivated by Local Priorities? Association for Academic Surgery





### **Finding Opportunities**



### Step 1:

Soul Search

### Step 2:

Find a mentor

### Step 3:

Show up and do the work

- Identify broad area of specialty
- Is there a type of research you are most interested in?
- Is there a geographical area you want to work in?

- Explore your department
- Explore your institution/university
- Reach outside your institution
- Consider a research fellowship

- Continue training yourself
- Be creative, responsible, and persistent
- Stick to the excellent research and ethical standards



### Data for global surgery research.



### **IRB Process**

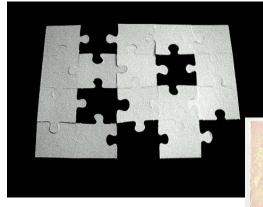


- Local Hospital / University IRB \$300
- National IRB \$300
- US Institutional IRB -



# Primary Data is Sparse in LMIC IMAS





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# Medical Records are Often Paper Charts





### Local Prospective Databases





### Survey & Interview Data

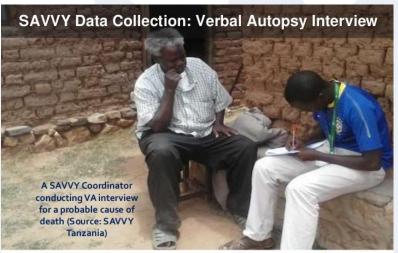




### Verbal Autopsy









### Existing data



World J Surg (2013) 37:1562-1570 DOI 10.1007/s00268-012-1876-6



Getting the Job Done: Analysis of the Impact and Effectiveness of the SmileTrain Program in Alleviating the Global Burden of Cleft Disease

D. Poenaru



### Systematic reviews





Review

### Quality of es middle-incon of the literati

SAURABH SALUJA JULIA R. AMUNDS HILLARY JENNY<sup>1,5</sup> RACHITA SOOD1,4

<sup>1</sup>Program in Global Surgery an <sup>2</sup>Department of Surgery, Weill University of Connecticut, 263 of Medicine, University of Mian Sinai, 1 Gustav Levy Place, Ne Avenue, Aurora, CO 80045, L Church St. Cambridge, MA 02 USA, and <sup>9</sup>Department of Sur

Address reprint requests to: Sa 10025, USA, Tel: +1-608-772-298 Editorial Decision 17 May 2019: Acce

### Abstract

Purpose: Quality of care is an emerging area of focus in the surgical disciplines. However, much of the emphasis on quality is limited to high-income countries. To address this gap, we conducted a systematic review of the literature on the quality of essential surgical care in low- and middle-

Pub Med

Data sources: We searched PubMed, Cinahl, Embase and CAB Abstracts using three domains:

Study selection: We limited our review to studies of essential surgeries that pertained to all three search domains

Data extraction: We extracted data on study characteristics, type of surgery and the way in which

Results of data synthesis: 354 studies were included. 281 (79.4%) were single-center studies and nearly half (n = 169, 46.9%) did not specify the level of facility, 207 studies reported on mortality (58.47%) and 325 reported on a morbidity (91.81%), most commonly surgical site infection (n = 190, 53.67%). Of the Institute of Medicine domains of quality, studies were most commonly of safety (n=310, 87.57%) and effectiveness (n = 180, 50.85%) and least commonly of equity (n = 21, 5.93%).

Conclusion: We find that while there are numerous studies that report on some aspects of quality of care, much of the data is single center and observational, Additionally, there is variability on which outcomes are reported both within and across specialties. Finally, we find under-reporting of parameters of equity and timeliness, which may be critical areas for research moving forward.

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April 2017

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of California, San Diego, School of Medicine, San Diego, California

of Surgery, University of California, San Francisco, Center for Global Sur

Sristi Sharma, <sup>2,3,14</sup> Isobel H Marks, <sup>2,3,15</sup> Alexis Bowder, <sup>2,3,16</sup> Lebei Pi, <sup>1</sup> John G Meara, <sup>2,3</sup> Mark G Shrime<sup>2,18</sup>

Research

### ity rates in lowincome countries: a id meta-analysis

<sup>4</sup> Sarah L M Greenberg, <sup>2,3,5</sup> David Ljungman,<sup>2,3,8</sup> Rachel R Yorlets,<sup>3</sup> on Nikouline, 10 Francis Yi Xing Lai, 11 rin Mahmood.9 Sneha Raju.

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proposed the perioperative mortality rate (POMR) as one of the six key indicators of the strength of a country's surgical system. Despite its widespread use in high-income settings, few studies have described procedure-specific POMR across low-income and middle-income countries (LMICs). We aimed to estimate POMR across a wide range of surgical procedures in LMICs. We also describe how POMR is defined and reported in the LMIC literature to provide recommendations for future monitoring in resource-constrained settings. Methods We did a systematic review of studies from

LMICs published from 2009 to 2014 reporting POMR for any surgical procedure. We extracted select variables in duplicate from each included study and pooled estimates of POMR by type of procedure using random-effects metaanalysis of proportions and the Freeman-Tukey double arcsine transformation to stabilise variances Results We included 985 studies conducted across 83 LMICs, covering 191 types of surgical procedures performed on 1 020 869 patients, Pooled POMR ranged from less than 0.1% for appendectomy, cholecystectomy and caesarean delivery to 20%-27% for typhoid intestinal perforation, intracranial haemorrhage and operative head injury. We found no consistent associations between procedure-specific POMR and Human Development Index (HDI) or income-group apart from emergency peripartum hysterectomy POMR, which appeared higher in low-income countries. Inpatient mortality was the most commonly used definition. though only 46.2% of studies explicitly defined the time frame during which deaths accrued.

### **Key questions** Introduction The Lancet Commission on Global Surgery

What is already known? Previous systematic reviews of anaesthetic mortality and mortality in specific surgical populations have shown decreasing mortality trends over time and differences by world region.

► Geographical differences have similarly been reported in cohort studies such as the GlobalSurg I study. the European Surgical Outcomes Study and the African Surgical Outcomes Study.

### What are the new findings?

- ► This is the first systematic review to attempt broad baseline estimation of perioperative mortality rate (POMR) across procedures and describe how low-income and middle-income countries (LMICs) authors define POMR
- ► We show here that POMR varies widely by procedure or diagnosis; further, we show significant variation in how POMR is reported, limiting comparisons across

### What do the new findings imply?

POMR is widely used and reported in all contexts; to promote its utility as a standardised surgical safety indicator, greater specificity in the types of procedures assessed and the way in which data are collected, risk adjusted and reported is required.

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2017

Trauma registry Quality improvement Implementation science Low- and middle-inco



WEB OF SCIENCE

Keywords:

Trauma Injury surveillance

### Publicly available data





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**CELEBRATING 20 YEARS** OF COLLABORATION AND INNOVATION

hospital operating theatre involving the incision, excision, regional or general anaesthesia or sedation. We created a mo

World Health graphic **Organization** 

and Asia. With the so-called epidemiological transition that has accompanied industrialisation,1 disorders afflicting populations are shifting from diseases of pestilence and infection that are an indicator of pre-industrial societies to those that are identified in industrialised and rising economies.23 Ischaemic heart disease, cerebrovascular disease, cancers, and mental illness have all risen substantially in low-income, middle-income, and highincome countries.4 Injuries also account for a large and growing amount of the disease burden as vehicular traffic

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Because of this epidemiological transition, surgery will assume an increasing role in public health. In view of its complexity and risks, an understanding of the quantity and distribution of surgical interventions is therefore essential to guide efforts to improve its safety and redress shortages of such services. As part of WHO's patient safety programme,6 we aimed to estimate the number of major operations undertaken worldwide, to describe their distribution, and to assess the importance of surgical care in global public-health policy.

Abstract

Background Inj burden of disease burden of injury (LMICs) that cor were made ava

Division of Anesth

Hospital, Seattle, Washington, USA

population. Methods We examined all causes of injury from the Global Burden of Disease 2010 Study. We split the disability-adjusted life years (DALYs) for these conditions between surgically "avertable" and "nonavertable" burdens. For estimating the avertable fatal burden, we applied

potentially avertable by basic surgical care (52.3 million DALYs). The avertable proportion was greater for deaths than for nonfatal burden (23 vs. 20 %), suggesting that surgical services for injuries more effectively save lives than ameliorate disability. Sub-Saharan Africa had the

vertable burden (25 %). avertable DALYs (17.4 ne largest total avertable ALYs).

has the potential to play niury-related burden in

Electronic supplen article (doi:10.1007 material, which is a H. Higashi (⊠) · N Institute for Health Washington, 2301 I Washington 98121, e-mail: h.higashi@t H. Higashi · J. J. B. School of Populatio Brisbane, OLD, Au N. I. Kassehaum

ijuries, and Risk Factors million deaths and 279 ears (DALYs) globally . Injuries accounted for

11 % of the total disease burden globally (2,490 million

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### Secondary analysis of collected data



### Global operating theatre distribution and pulse oximetry supply: an estimation from reported data



Luke M Funk, Thomas G Weiser, William R Berry, Stuart R Lipsitz, Alan F Merry, Angela C Enright, Iain H Wilson, Gerald Dziekan, Atul A Gawande

Background Surgery is an essential part of health care, but resources to ensure the availability of surgical services are often inadequate. We estimated the global distribution of operating theatres and quantified the availability of pulse oximetry, which is an essential monitoring device during surgery and a potential measure of operating theatre resources.

Methods We calculated ratios of the number of operating theatres to hospital beds in seven geographical regions worldwide on the basis of profiles from 769 hospitals in 92 countries that participated in WHO's safe surgery saves lives initiative. We used hospital bed figures from 190 WHO member states to estimate the number of operating theatres per 100 000 people in 21 subregions throughout the world. To estimate availability of pulse oximetry, we sent surveys to anaesthesia providers in 72 countries selected to ensure a geographically and demographically diverse sample. A predictive regression model was used to estimate the pulse oximetry need for countries that did not provide data.

Findings The estimated number of operating theatres ranged from 1.0 (95% CI 0.9-1.2) per 100 000 people in west sub-Saharan Africa to 25.1 (20.9-30.1) per 100000 in eastern Europe, High-income subregions all averaged more than 14 per 100 000 people, whereas all low-income subregions, representing 2-2 billion people, had fewer than two theatres per 100 000. Pulse oximetry data from 54 countries suggested that around 77700 (63195-95533) theatres worldwide (19.2% [15.2-23.9]) were not equipped with pulse oximeters.

Interpretation Improvements in public-health strategies and monitoring are needed to reduce disparities for more than 2 billion people without adequate access to surgical care.

### Funding WHO.

### Introduction

Illnesses that need surgical treatment account for a substantial amount of the global burden of disease. Conservative estimates suggest that 11% of the world's disability-adjusted life years are attributable to diseases that are often treated with surgery.1 Heart and cerebrovascular diseases are the top two causes of death worldwide, cancer is one of the five principal causes of mortality, and injuries from road traffic accidents are among the top ten causes of death.2 Other surgically treatable disorders such as obstructed labour.3 obstetric fistulas,4 and congenital birth defects1 are major causes of morbidity and mortality in the developing world. As health-

Asia suggest substantial shortages in anaesthesia and surgical resources.8-10 However, we know little about these shortages, especially with respect to availability of functioning surgical facilities or staff and equipment levels. Therefore, we aimed to estimate and compare the regional densities and distributions of operating theatres worldwide.

We also sought a simple indicator of availability of Correspondence to: anaesthesia and surgical equipment within surgical Dr Luke M Funk Department of facilities. We identified pulse oximetry as a component of Health Policy and Management safe anaesthesia and surgery that is internationally recognised to be essential," yet is often unavailable in ffunk@partners.org low-income settings,13,14 Therefore, availability of pulse care systems in developing regions confront an ageing oximetry was used as a proxy for adequacy of operating population with an increased frequency of non-theatre equipment supply because of this scarcity in communicable diseases,36 the extent of surgical need will low-income settings,13 and because international organiincrease substantially Africa and southeast Asia are already sations such as the World Enderation of Societies of

DOI:10.1016/S0140-6736/10160392-3

Department of Health Policy and Management, Harvard

School of Public Health. Roston MA USA (LM Funk MD T G Weiser MD, W R Berry MD. A A Gawande MD); Center for Surgery and Public Health. Hospital, Boston, MA, USA SR Lipsitz ScD, A A Gawande); Department of

University of Auckland and

Department of Anaesthesia Auckland City Hospital Auckland, New Zealand (Prof A F Merry FANZCA); University of British Columbia Royal Jubilee Hospital, Victoria, British Columbia Canada (Prof A C Enright FRCPC): Royal Devon and Exeter NHS Foundation Trust, Exeter, UK (I H Wilson FRCA); and World Health Organization Patient Safety Programme, Geneva,

Switzerland (G Dziekan MD) Roston MA 02115 USA

### Surgical care needs of low-resource populations: an estimate of the prevalence of surgically treatable conditions and avoidable deaths in 48 countries

Shailyi Gupta, Reinou S Groen, Patrick Kvamanywa, Emmanuel A Ameh, Mohamed Labib, Damian L Clarke, Peter Donkor, Miliard Derbew, Rachid Sani, Thaim B Kamara, Sunil Shrestha, Benedict C Nwomeh, Sherry M Wren, Raymond R Price, Adam L Kushner

### Abstract

Background Surgical care needs in low-resource countries are increasingly recognised as an important aspect of global health, yet data for the size of the problem are insufficient. The Surgeons OverSeas Assessment of Surgical Need (SOSAS) is a population-based cluster survey previously used in Nepal, Rwanda, and Sierra Leone.

Methods Using previously published SOSAS data from three resource-poor countries (Nepal, Rwanda, and Sierra Leone), a weighted average of overall prevalence of surgically treatable conditions was estimated and the number of deaths that could have been avoided by providing access to surgical care was calculated for the broader community of low-resource countries. Such conditions included, but were not limited to, injuries (road traffic incidents, falls, burns, and gunshot or stab wounds), masses (solid or soft, reducible), deformities (congenital or acquired), abdominal distention, and obstructed delivery. Population and health expenditure per capita data were obtained from the World Bank, Low-resource countries were defined as those with a per capita health expenditure of US\$100 or less annually. The overall prevalence estimate from the previously published SOSAS data was extrapolated to each low-resource country. Using crude death rates for each country and the calculated proportion of avoidable deaths, a total number of deaths possibly averted in the previous year with access to appropriate surgical care was calculated.

Findings The overall prevalence of surgically treatable conditions was 11·16% (95% CI 11·15-11·17) and 25·6% (95% CI 25·4-25·7) of deaths were potentially avoidable by providing access to surgical care. Using these percentages for the 48 low-resource countries, an estimated 288 2 million people are living with a surgically treatable condition and 5.6 million deaths could be averted annually by the provision of surgical care. In the Nepal SOSAS study, the observed agreement between self-reported verbal responses and visual physical examination findings was 94.6%. Such high correlation helps to validate the SOSAS tool.

Interpretation Hundreds of millions of people with surgically treatable conditions live in low-resource countries, and about 25% of the mortality annually could be avoided with better access to surgical care. Strengthening surgical care must be considered when strengthening health systems and in setting future sustainable development goals.

### Funding None.

SG, ALK, RSG, and BCN conceived and designed the study, SG, RSG, SS, TBK, PK, and ALK collected the data, SG, RSG, and ALK interpreted the data, SG and ALK wrote the Abstract, All authors approve the final version of the Abstract for publication.

### Declaration of interests

We declare no competing interests.

April 27, 2015

University of California San Francisco, East Bay, Surgeons OverSeas, Oakland, CA, USA (S Gupta MD); Johns Hopkins School of Medicine. Department of Obstetrics and Gynecology, Surgeons OverSeas, Baltimore, MD. USA (RS Groen MD): College of Medicine and Health Sciences. University of Rwanda, Kigali, Rwanda (P Kvamanywa): Department of Surgery, National Hospital, Abuja, Nigeria (EAAmeh MD); Department of Surgery, University of Namibia, Namibia (M Labib MD): Department of Surgery, Nelson R Mandela School of Medicine, University of Kwa-Zulu Natal, Durban, South Africa (D L Clarke MD); Department of Surgery, Kwame Nkrumah University of Science and Technology, Kumasi, Ghana (P Donkor MD); School of Medicine, College of Health Sciences, Addis Ababa University, Addis Ababa (M Derbew MD): Department of General and Digestive Surgery. National Hospital of Niamey. Niamey, Niger (R Sani MD); Department of Surgery, Connaught Hospital, College of Medicine and Allied Health Sciences, University of Sierra Leone, Freetown, Sierra Leone (T.R.Kamara MD): Department of Surgery, Nepal Medical College, Kathmandu, Nepal

(S Shrestha MBBS); Surgeons OverSeas, Nationwide Children's Hospital Obio State University OH USA (BC Nwomeh MD); Stanford School of Medicine, Stanford, CA.

### National Health Surveys



World J Surg (2013) 37:1470-1477 DOI 10.1007/s00268-012-1732-8



### Disparities in Access to Surgical Care within a Lower Income Country: An Alarming Inequity

Syed Nabeel Zafar · Zafar Fatmi · Aftab Iqbal · Roomasa Channa · Adil H. Haider

Published online: 1 August 2012 © Société Internationale de Chirurgie 2012

### Abstract

Background Surgical care is not uniformly available worldwide. Inequities in surgical care and access may also vary within countries, and the present study aimed to explore these disparities in Pakistan.

Methods The National Health Survey of Pakistan was analyzed. The proportion of people with a history of abdominal surgery (AS) was calculated and associated factors were determined by weighted multivariate logistic regression. Factors tested were age, gender, urban/rural residence, province, literacy, community development index (CDI), and economic status (ES). The CDI was developed for each sampling unit from select household and individual data. The ES was constructed from ownership of wester.

Results A total of 59 million adults were represented. Abdominal surgery had been performed in 3.2 % adults (95 % confidence interval [CI] = 2.67, 3.84), which corresponded to an annual rate of 85.9 abdominal surgeries per

S. N. Zafar (⊠) Department of Surgery, Aga Khan University, Karachi, Pakistan

e-mail: zafar.nabeel@gmail.com

Department of Community Health Sciences, Aga Khan

University, Karachi, Pakistan A. Jobal s

100,000 population. Wide disparities were noted, with annual rates of AS varying from 37.8 to 215.6 per 100,000 population. Urban residents were independently twice as likely as rural populations to have had AS (95 % CI = 1.3, 2.8). Higher age (OR = 2.6, 95 % CI = 1.7, 4.0), female gender (OR = 1.5; 95 % CI = 1.1, 2.1), and higher ES (OR = 1.9; 95 % CI = 1.2, 2.9) were also independently associated with AS. In rural populations ES was the only factor associated with surgery, whereas in urban populations sender and CDI had important roles to play.

Conclusions Access to surgical care is disparate and grossly inadequate in Pakistan. This likely contributes to significant preventable morbidity and death. Physical access to surgical facilities, especially in rural areas and for those with a low CDL is an important concern and should be prioritized in any forthcoming national policies.

### Introduction

Surgery is an essential component of healthcare. Provision of acute surgical care, including trauma and obstetrics, and even elective procedures focused on correcting cataracts or club foot prevent significant disability and premature death [1]. Surgical disease accounts for at least 11 % of the world's disability adjusted life years (DALYS) [1] and is no longer considered a luxury. Multiple studies have shown the provision of essential surgery to be a highly cost-

BIRTH 44:1 March 2017

### Regional Gradients in Institutional Cesarean Delivery Rates: Evidence from Five Countries in Asia

Ardeshir Sepehri, PhD, and Harminder Guliani, PhD

ABSTRACT: Background: Although the influence of the type of institutional setting on the risk of cesarean birth is well documented, less is known about the regional variations in institution-specific cesarean rates within countries. Our purpose was to examine regional variations in cesarean rates across public and private facilities in five Asian countries with a sizeable private sector: Bangladesh, India, Indonesia, Pakistan, and the Philippines. Methods: Demographic Health Survey data and a hierarchical model were used to assess regional variations in the mode of delivery while controlling for a wide range of socioeconomic, demographic, and maternal risk factors. Results: The risk of cesarean birth was greater in a private facility than in a government hospital by 36-48 percent in India and Indonesia and by 130 percent in Bangladesh. Regional gradients in cesarean birth were found to be steeper for deliveries in private facilities than in government hospitals in India. Indonesia, and the Philippines. The residents of India's high-use states were 55 percent more likely to undergo a cesarean delivery in a government hospital and 83 percent more likely in a private facility than their counterparts in the medium-use states. Similarly, compared to the residents of the Philippines's medium-use provinces, giving birth in a government facility increased the likelihood of a cesarean delivery by 84 percent and by 173 percent in a private facility. Conclusions: Large regional variations in cesarean rates suggest the need for more informed clinical decision making with respect to the selection of cases for cesarean delivery and the establishment of well-developed guidelines and standards at the provincial or state levels. (BIRTH 44:1 March 2017)

Key words: cesarean section, institutional setting, regional variations

### Your own experiences





sugeons at cuttering, and win to rot to the consecuent tructical and ethical considerations for pediatric surgeons participating in short-term global health volunteer activities. The authors have participated in volunteer activities in Africa, South America, Eastern Europe, India, the Middle East, and the Far East. Two of the authors (DM, JA) have lived and worked for extended periods in African LMIC hospitals where they have also been hosts for HIC volunteers. The recommendations are therefore written from the standpoint of both pediatric surgical volunteers and the hosts of these volunteers.

appropriate procedures so that children can be successfully treated locally by the national doctors after the volunteer has returned home [10,11].

- 1.3 Other volunteers are motivated by the desire to create or strengthen a global pediatric surgical partnership where both the host and volunteer visitor learn from each other and where the partnership leads to improvement in pediatric surgical care for children globally [12].
- 1.4 Still other volunteers want to create partnerships to enhance meaningful translational research projects to improve pediatric surgical care globally [13].
- 1.5 With the decreased surgical exposure to "index cases" for HIC general surgery residents and pediatric surgery fellows, some

Corresponding author. Tel.: +1 915 215 5323; fax: +1 915 545 6864.



Funding Opportunities





### **Grants**



- AAS global surgery grants
- Training Grants
- Fogarty / NIH
- Local Institution grants
- Fund Raising



### Training Opportunities



### Fellowship examples



- Paul Farmer Global Surgery Research Fellowship
- Paul Farmer Global Surgery Clinical Fellowship
- Rutgers New Jersey Medical School Global Surgery Fellowship
- International Surgical Oncology Global Cancer Disparities Fellowship MSKCC
- Northwestern Trauma & Surgical Initiative
- VECD Global health Fellowship Fogarty
- Global Surgery Research Fellowship University of Utah
- UCSF center for global surgical studies
- Global surgery research program Brigham and Women's Hospital
- Many more research and fellowships opportunities......

### Conferences/Meetings















### **COSECSA**

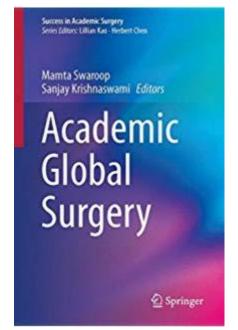
College of Surgeons of East, Central and Southern Africa

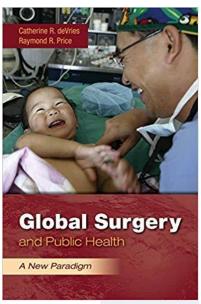


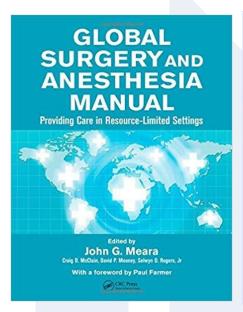


### **Books**













### Thank you