

# Leveraging Collaborations in Basic and Translational Science

Rebecca M. Rentea, MD
Assistant Professor
Pediatric Surgery
Children's Mercy Hospital- Kansas City, University of Missouri

#### Disclosures



• There are no disclosures that are related to the this talk



My path...

#### My path



- 2008-15 General Surgery
  - Medical College of Wisconsin, Milwaukee WI
    - 2010-12 basic science research Children's Hospital of Wisconsin
- 2015-17 Pediatric surgery fellowship
  - Children's Mercy Hospital University of Missouri- Kansas City
- 2017-18 Colorectal and pelvic reconstruction fellowship
  - Nationwide Children's Hospital-Ohio State University
- 2018- present
  - Children's Mercy Hospital Kansas City
  - Director Comprehensive Colorectal Center

#### My 5 year plan



• Originally basic science lab (70 research/ 30 clinical)

JOURNAL OF SURGICAL RESEARCH 184 (2013) 66-70

**Association for Academic Surgery** 

The pediatric surgeon's road to research independence: utility of mentor-based National Institutes of Health grants

Alice King, MD,<sup>a</sup> Ian Sharma-Crawford,<sup>a</sup> Aimen F. Shaaban, MD,<sup>a</sup> Thomas H. Inge, MD, PhD,<sup>a</sup> Timothy M. Crombleholme, MD,<sup>b</sup> Brad W. Warner, MD,<sup>c</sup> Harold N. Lovvorn III, MD,<sup>d</sup> and Sundeep G. Keswani, MD<sup>a,\*</sup>

- Now building a clinical/ research program
  - Comprehensive Colorectal Center- Children's Mercy
  - Northwestern University Health sciences outcomes research masters



## Why Collaborate?



#### Reasons to collaborate



- Building something greater, bigger project/idea
- Utilize specific expertise
- Work on more complex projects
- Build a team for grant funding
- Get more done (papers!)

#### Traits you must have



- Willingness to learn new things
- Talking with many people
- Reading all the papers
- Planning



## My story...

Looking for help!





#### Collaboration and teams...

How collaboration happens

# Association for Academic Surgery

#### How to Make Sure Agile Teams Can Work Together

by Alia Crocker, Rob Cross, and Heidi K. Gardner

MAY 15, 2018

• 20-35% of valuable collaboration performed by

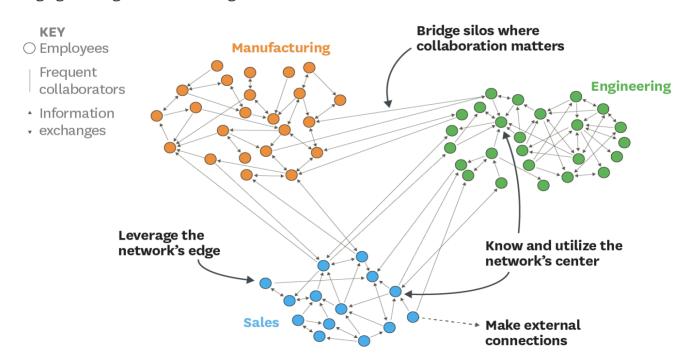
3-5% of employees







 Ask yourself if you're identifying networks' centers, leveraging their edges, bringing silos together, and making external connections.



SOURCE ALIA CROCKER ET AL.

© HBR.ORG



#### How to Make Sure Agile Teams Can Work Together

by Alia Crocker, Rob Cross, and Heidi K. Gardner

MAY 15, 2018

- Role model behavior (co-lead)
- Pairing people for tasks during collaboration
- Bridge the silos
- Organize/ attend events to promote connectivity



#### A Study of Thousands of Dropbox Projects Reveals How Successful Teams Collaborate

by Adam Pah, Brian Uzzi, and Rebecca Hinds
JULY 20, 2018 UPDATED JULY 26, 2018

- Go small (2 to 3 people working on project)
- Take your time (number of days worked on project)
- Increase same team collaborations



MEETINGS

# Association for Academic Surgery

# 5 Common Complaints About Meetings and What to Do About Them

by Paul Axtell

- One or two people dominate- get a facilitator engaged
- No meeting leadership-prepare the agenda
- Just passing on old information-write out meeting goals
- No one is paying attention-set new norms
- Nothing gets done- closure on each topic





### Final take-home points...

Bringing collaboration to labwork

#### Important points



- Collaboration is learned and exercised
- Understand
  - Who controls the final product
  - Potential logistic issues between labs
- Pick projects with deadlines vs. no deadlines
- Know what you bring to the table

#### Strategy



- Once you get going...
- Accept many offers, yet be selective
- #lifehack #protip:
- Every opportunity that is not integrated into your collaborative plan may take a disproportionately large amount of time

#### Summary



- Never reject an idea- put them all in one place
- Be willing to learn new techniques (learning>returns)
- High yield unique skillsets pay off
- Know when to stay in your lane
- Collaboration leads to many more great projects!



**Kansas City** 

### Thank you.



Rebecca M. Rentea, MD Children's Mercy Hospital, University of Missouri Kansas City

rrentea@cmh.edu