

# Hypothesis and Study Design

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### Disclosures



### • No financial disclosures

#### Lubitz, Carrie C., M.D.

Hey guys. You have both reached out to me about what to cover in your talks. I know these talks are tough - which is why I asked the two of you to give them. I know it is nearly impossible to make these fun, but if anyone can do it...





Audiences begin to lose attention after roughly 10 minutes of hearing the same presenter stanford.io/ 2e9VxYb



**10 Tips For Giving Effective Virtual Presentations** 

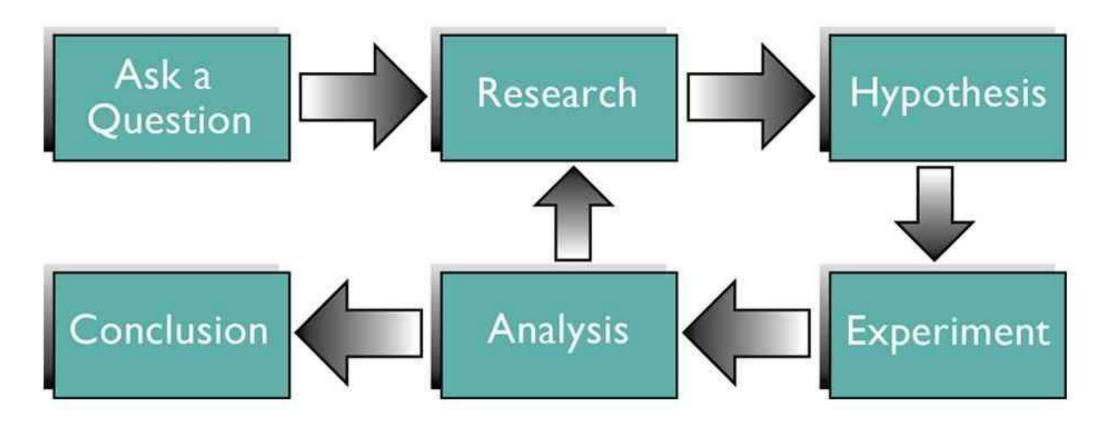
What to know before you go live.

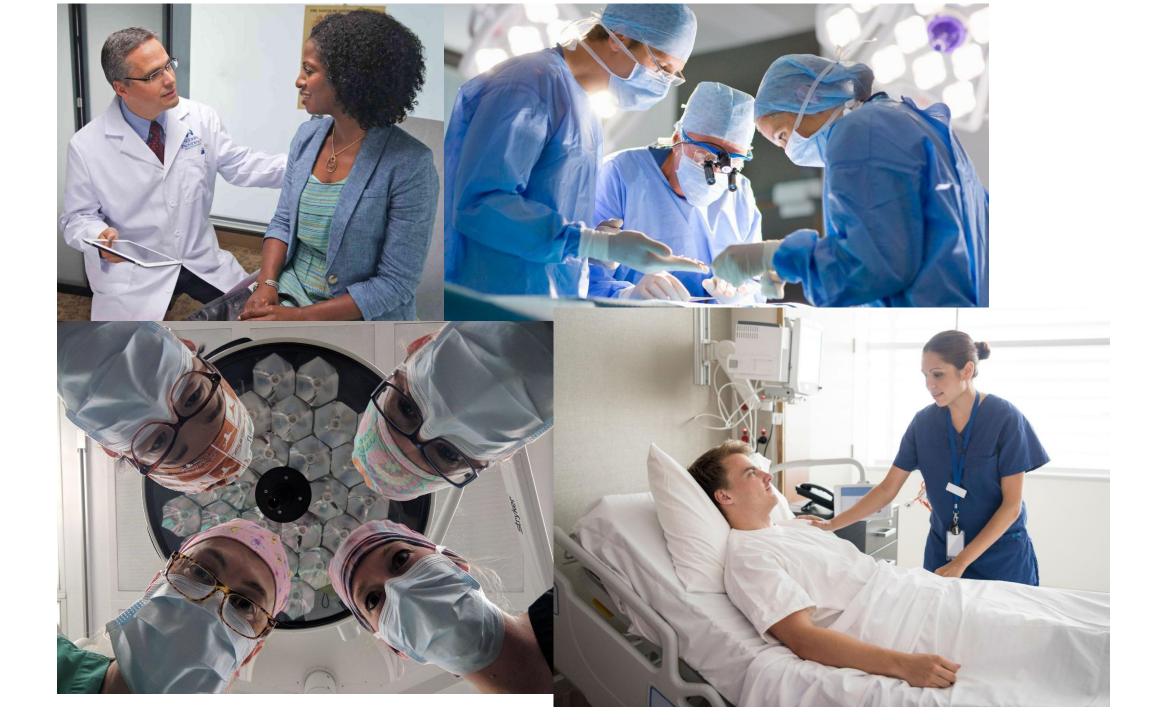




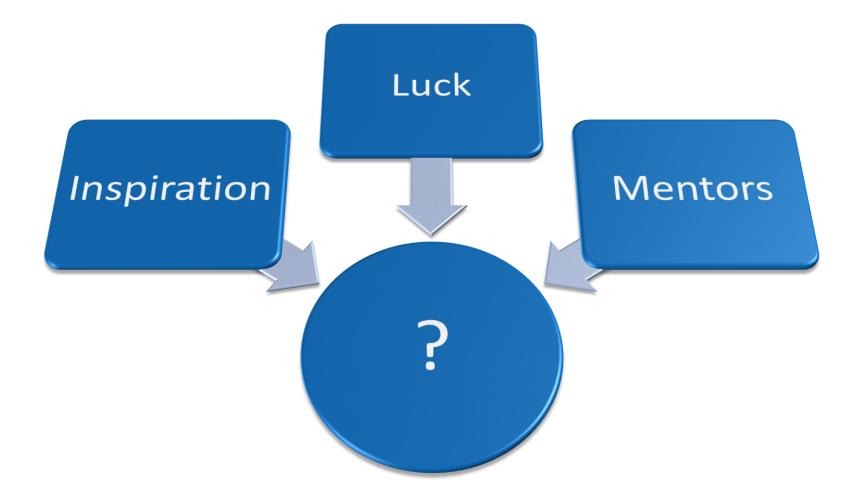
- Finding your inspiration
- Understand what's known and unknown
- Formulate a hypothesis
- Choose a study design
- Write

# Scientific Method











- What is the role of NK cells in regulating macrophage-mediated adipose tissue inflammation
- Do we prescribe too many opioids after surgery?
- What are main drivers of variations in hospital mortality rates following high risk surgery?
- Are laparoscopic simulators useful in improving technical skills
   amongst residents?





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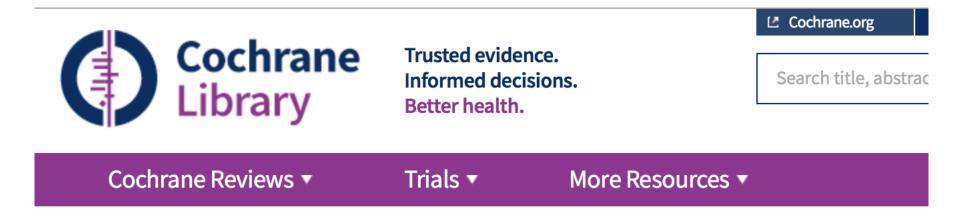
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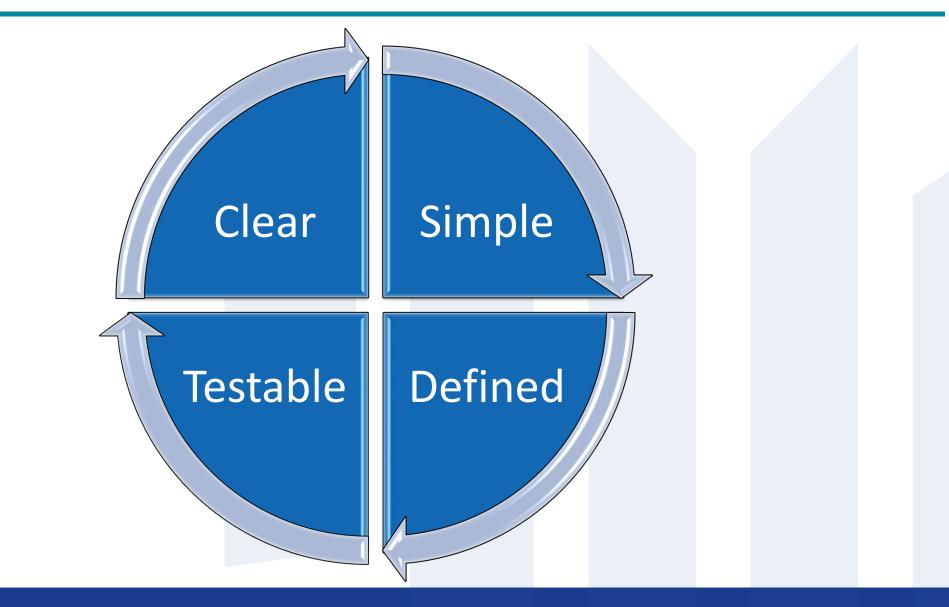




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## Formulate a hypothesis





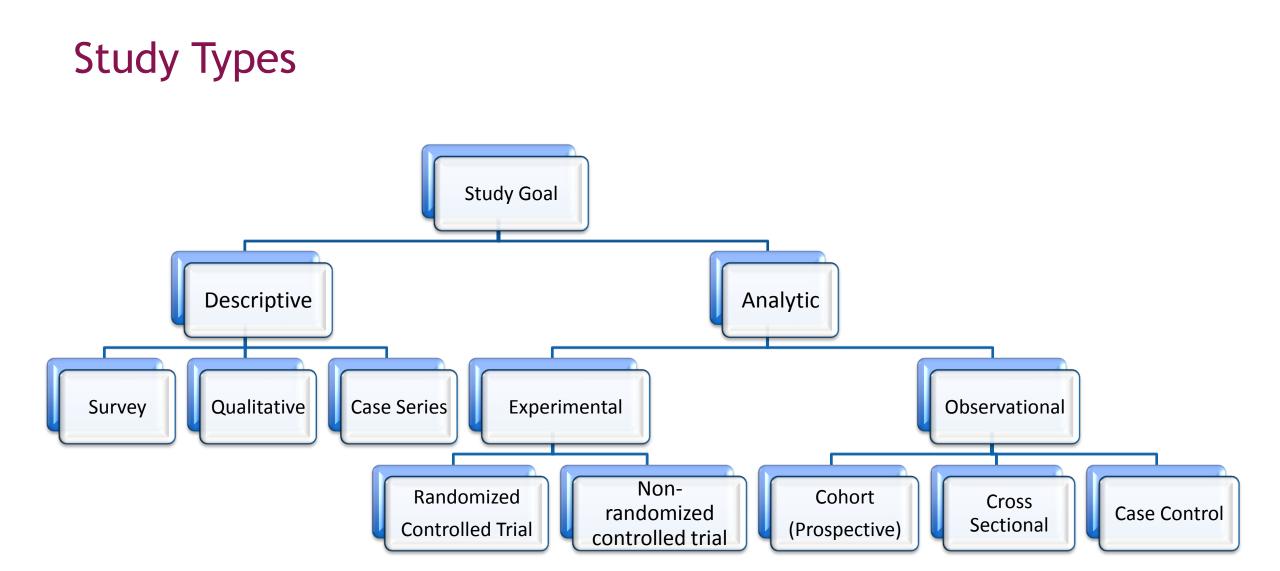


- Systemic NK cell ablation attenuates intra-abdominal adipose tissue macrophage infiltration in murine obesity
- Following laparoscopic cholecystectomy, patients have >50% of their opioid pills left over
- Failure to rescue is the main driver of variation in hospital mortality after pancreatectomy
- Structured, weekly practice on laparoscopic simulators improves resident OSATS scores more than OR cases alone





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## Write...something

- Review article
- Methods paper
- Research paper
- Pilot grant
- Large grant proposal







- Find something you are passionate about
- Ask an interesting question
- Do your research
- Run with it

What's your story?

# Thank you

Stwitter @AmirGhaferi

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Qualitative	Quantitative
Understanding	Prediction
<ul> <li>Interview/observation</li> </ul>	Survey/questionnaires
Discovering frameworks	Existing frameworks
Textual (words)	Numerical
Theory generating	Theory testing (experimental)
Quality of informant more	Sample size core issue in reliability
important than sample size	of data
Subjective	Objective
Embedded knowledge	Public
<ul> <li>Models of analysis: fidelity to text</li> </ul>	Model of analysis: parametric, non-
or words of interviewees	parametric