Developing Your Research Program: SOQIC & ISQIC

Karl Bilimoria MD MS

John B. Murphy Professor of Surgery

Director, Surgical Outcomes and Quality Improvement Center

Vice President – Quality, Northwestern Medicine

Vice Chair for Quality, Department of Surgery

Feinberg School of Medicine, Northwestern University







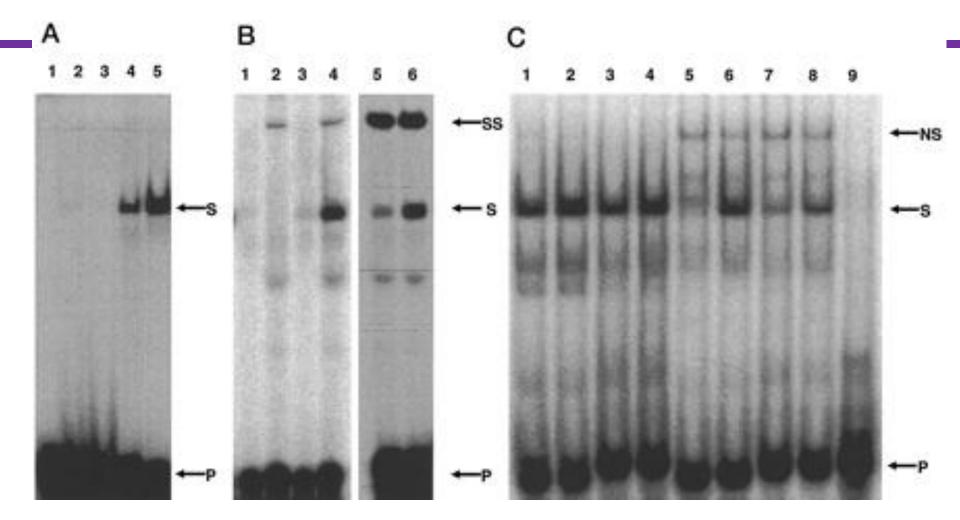
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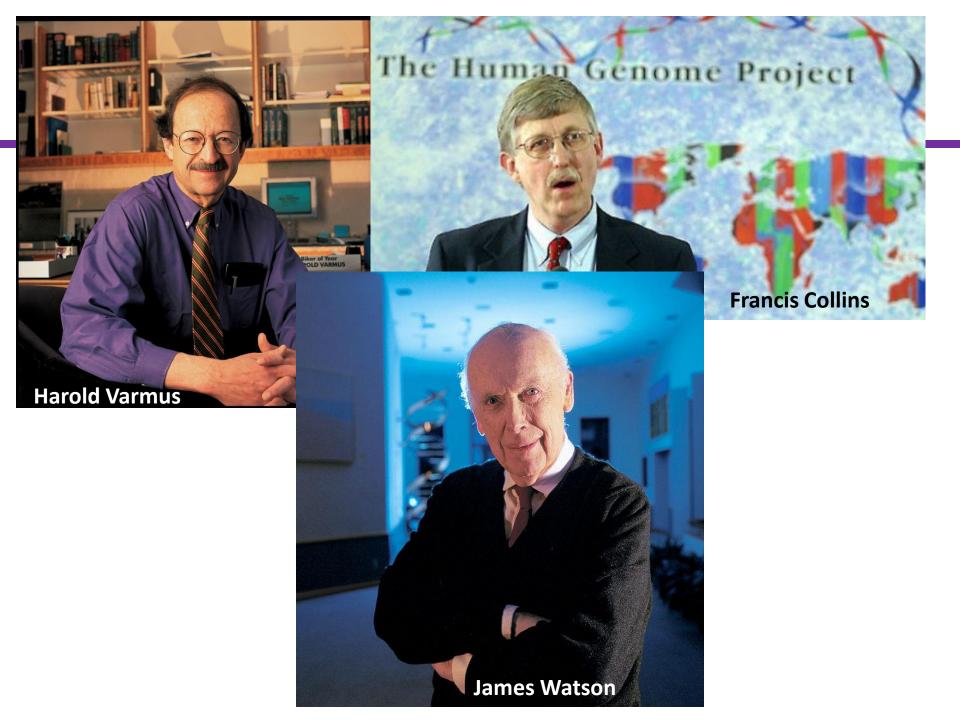




National Institutes of Health Turning Discovery Into Health







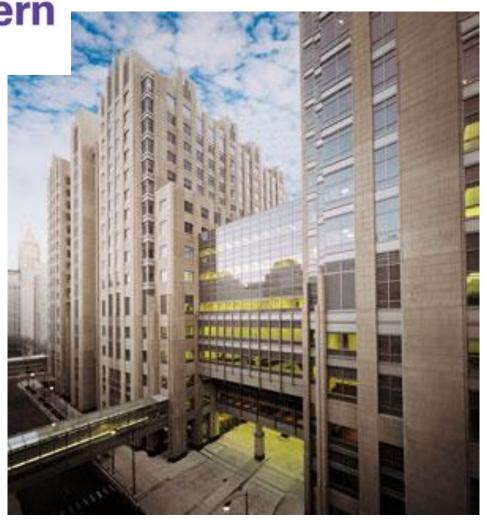


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Northwestern Medicine





THE UNIVERSITY OF TEXAS

MD Anderson Cancer Center





AMERICAN COLLEGE OF SURGEONS

Inspiring Quality: Highest Standards, Better Outcomes





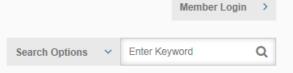






AMERICAN COLLEGE OF SURGEONS

Inspiring Quality: Highest Standards, Better Outcomes



Member Services

Quality Programs

Education

Advocacy

Publications

About ACS

American College of Surgeons > Quality Programs

About Quality Programs > ACS Clinical Scholars in Residence

About Quality Programs

ACS Leadership in Quality

Inspiring Quality Initiative

Resources

Continuous Quality Improvement

ACS Clinical Scholars in Residence

ACS Clinical Scholars in Residence Overview

- Clinical Scholars Program
- ACS Clinical Scholar in Residence Mentors
- Past and Current Clinical Scholars

ACS NSQIP

ACS Clinical Scholars in Residence

The American College of Surgeons (ACS) is offering a two-year onsite fellowship in surgical outcomes research, health services research, and health care policy. The primary goal of the program is to involve the Clinical Scholar in the ongoing quality improvement initiatives of the ACS, including the National Surgical Quality Improvement Program (ACS NSQIP®), the National Cancer Data Base (NCDB), the Trauma Quality Improvement Program (TQIP), the Surgeon Specific Registry (SSR), the Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program (MBSAQIP), guideline development, and accreditation programs. The Clinical Scholar will also be able to conduct research in a variety of areas relevant to ongoing projects within the ACS. In parallel, the scholar will have the opportunity to complete a Master of Science degree in clinical investigation, health services and outcomes research, or health care quality and patient safety through Northwestern University.

The ACS Clinical Scholars in Residence program is a unique opportunity that allows the surgical resident to gain firsthand experience in outcomes and health services research at a national health care organization. The program also prepares the Clinical Scholar for a career in academic surgery with a focus on national surgical health care issues. The program is open to applicants who have completed 2–3 years of surgical residency and have obtained two years of program funding from their home institution or other granting agency.

Program Information

- · Full Program Details
- Past and Current Clinical Scholars in Residence
- ACS Clinical Scholars in Residence Program Mentors.

THE UNIVERSITY OF TEXAS

MD Anderson Cancer Center





Northwestern 2010

- Silos of HSR
 - Center for Healthcare Studies (40)
 - General Internal Medicine (40)
 - Preventative Medicine (40)
 - Medical Social Sciences (70)
 - Others (150)



- 4 Masters programs
- Strong undergrad, business, law, engineering schools
- Chicago: ACS, JC, AMA, AHA, UHC, etc.

Department of Surgery 2010

- One Surgeon
 - Dave Bentrem, MD MS



- Strong chair support
 - Nat Soper, MD

- Strong institutional commitment
 - Dean Eric Nielsen, MD





Surgical Outcomes and Quality Improvement Center



- Better measures
 - Hospital quality comparisons
 - Quality measurement development/testing
- Better levers
 - Public reporting
 - Pay for performance
 - Health policy evaluations
- Better evidence
 - Effectiveness of quality improvement initiatives



Major SOQIC Initiatives



- P4P measure and program evaluations
- Influencing policy



- 57 Hospitals
- Novel approaches to spur quality improvement
- Platform for QI trials / improvement science



- 151 Hospitals
- National trial of policy intervention



- NMH quality initiatives
- System Surgical Collaborative

The Team

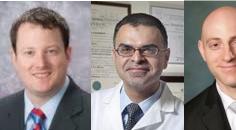


- Surgeons
 - 8 surgeons











– 4 PhDs







- 15+ staff
 - Statisticians, analysts,
 programmers, project
 coordinators, grants, PI leaders
- 8 Research fellows





How Did We Get Here?

- Start-up funding
 - Department, hospital, medical school, cancer center
- Leveraged existing expertise, connections, & needs
 - Quality measure evaluations
 - FIRST Trial
 - BCBS-IL
 - Qualitative research
- Early grant support
- Key staff and faculty hires/development

SOQIC Grant Progression



| Source | Project | |
|------------------|----------------------------|----------|
| ACS Illinois | Cancer quality measurement | \$70,000 |
| ACS | Risk calculators | \$30,000 |
| RHLCC Team Award | PROs | \$25,000 |

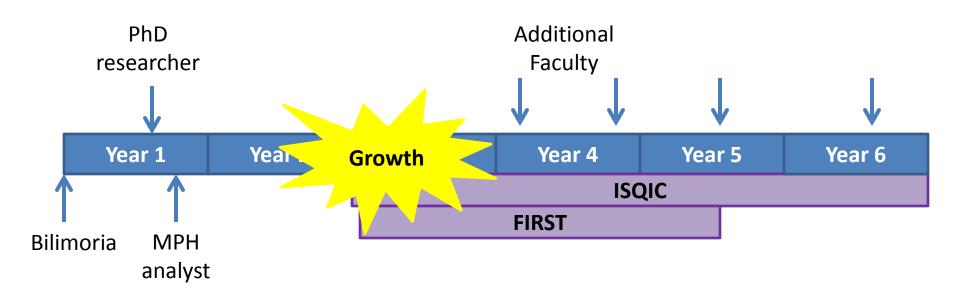
Junior Faculty Grants Leverage SOQIC Infrastructure



| Source | Grant | PI |
|----------------|-----------------------------|--------------------|
| ACS | VTE in ISQIC | Yang |
| STS | Lung cancer quality – NM | Odell |
| ACS | Lung Cancer quality – ISQIC | Odell |
| NIH / NCI K08 | Lung cancer quality – ISQIC | Odell |
| NIH / NIDA R34 | Opioid reduction – ISQIC/NM | Stulberg/Johnson |
| Pacira | Opioid reduction – ISQIC/NM | Stulberg/Bilimoria |



Timeline for Growth





Core vs. Shared Resources





Developing Faculty Researchers

- Targeted recruitment: 4 surgeon HSR recruits
- KL2, K12, and institutional support



Tony Yang, MD MS



David Odell, MD MS



J. Stulberg, MD PhD

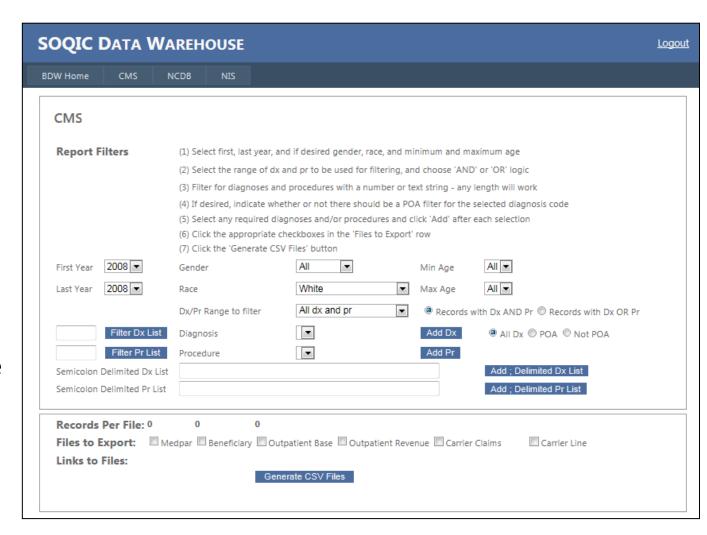


Ryan Merkow, MD MS

Data Warehouse



- NCDB
- SEER
- SEER-Medicare
- Medicare
- NIS
- ACS NSQIP
- AHA
- Hospital Compare
- NPDB
- HCRIS
- Numerous others







- Surgical resident research fellows
 - 12 prior
 - 7 current

- Funding
 - T32, F32, other grants

7 JAMA publications



Collaboration / Education





- Weekly research fellows meeting
- Weekly project meetings
- Monthly project advisory committee meetings
- Joint seminar series (IPHAM/ACS)
- Mentoring dinners
- Quarterly get-togethers

Providing Resources for Non-Research Faculty



Faculty Surgical Outcomes Research Course



Call for Faculty Research Proposals



Co-location



250 health services researchers and staff on 3 floors

Northwestern University Feinberg School of Medicine

Center for Healthcare Studies



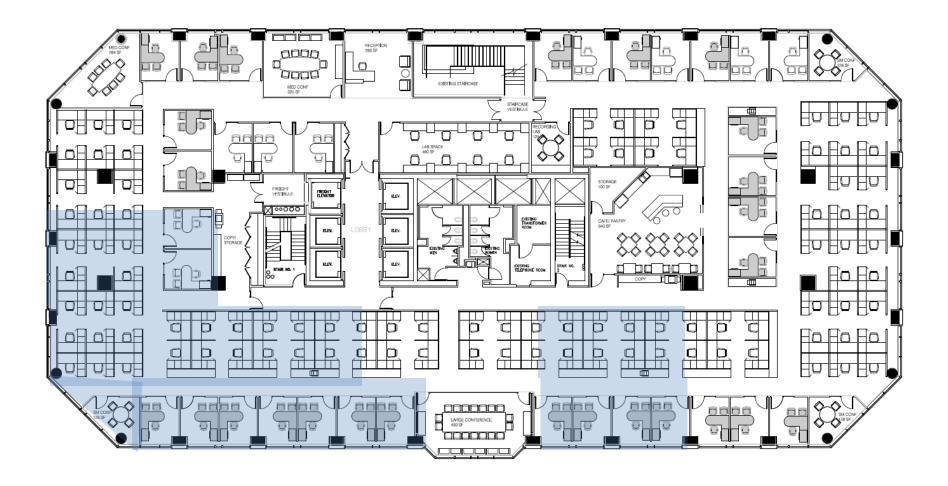




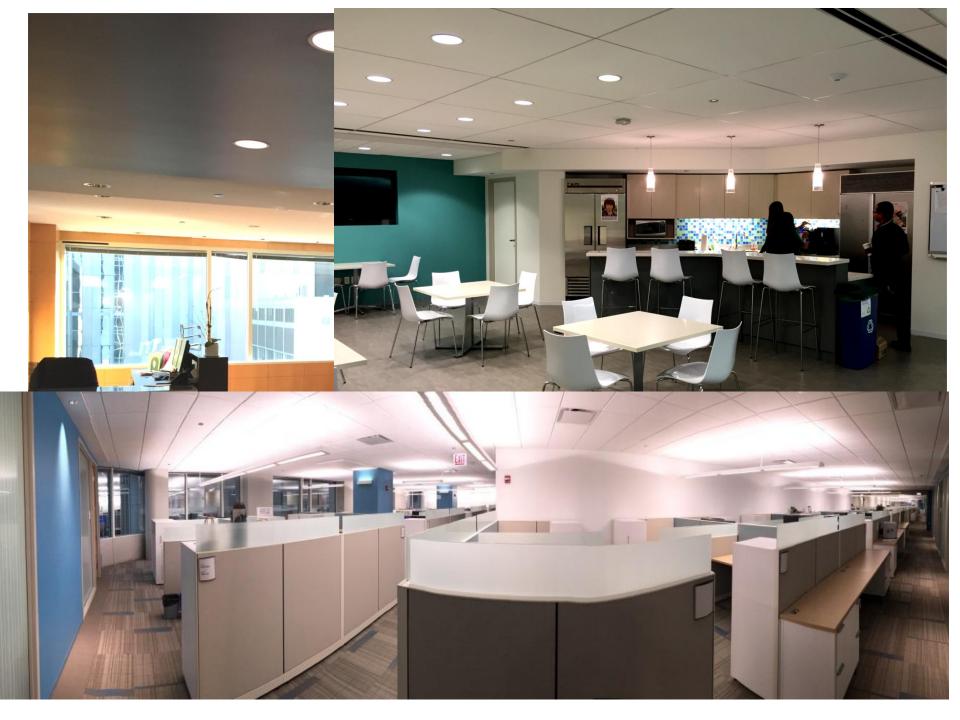




Center for Healthcare Studies



SOQIC Surgical Outcomes and Quality Improvement Center



ACS Collaboration



- Statewide quality collaborative
- FIRST Trial
- Special projects
 - Risk calculator
 - Measure development: PQRS, CoC, NQF
- Clinical Scholars Program (research fellows)
- 6 grants together



Hospital Quality Improvement Efforts

- Lead innovative QI/PI initiatives
- Analytics for key projects
- Quality measure innovation/evaluation
- Coordinate system projects
- Resident QI Projects
- Led to new System VP Quality



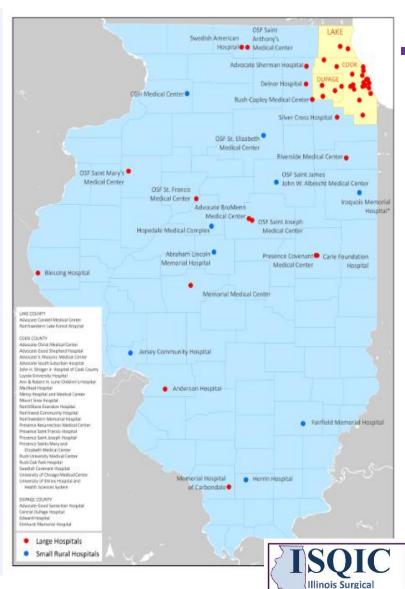


ISQIC: 57 Hospitals

- All academic centers
- 11 rural hospitals

- 60% of surgery in IL
- 80% of complex surgery

Impacts >600,000 / year



Quality Improvement Collaborative

Collaborative Effort







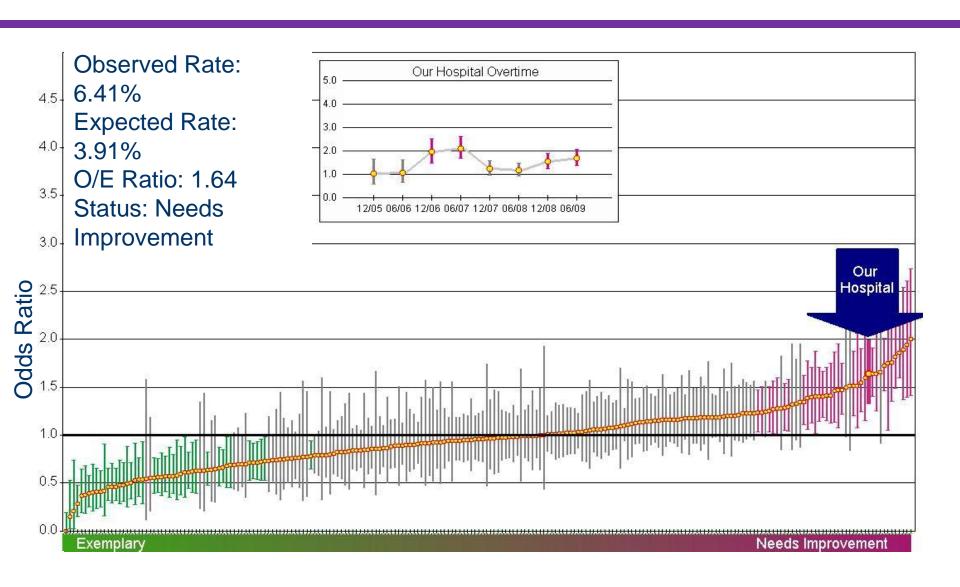


Illinois and Metro Chicago Chapters



55 Illinois Hospitals

Performance Relative to Other Hospitals



ISQIC's 21 Strategies

To Accelerate and Enhance Quality Improvement

• **Guided Implementation**

- Surgeon Mentor
- Process improvement coach
- Coordinating Center
- Site Visits

Education

- Formal QI/PI Training
- Leadership engagement plan
- Semiannual collaborative meetings
- Comparative reports
- Collaborative projects
 - Structured local and statewide QI initiatives

Networking

Opportunities to get advice and share experiences

• Funding

- Support local program
- Pilot grants
- Bonus for improvement





ISQIC Video Coaching

- Peer-to-peer coaching
 - Surgeons learning from their data and videos
 - Surgeons learning from <u>each other</u>





Reducing Opioid Prescribing

Preoperative

Screen & Prepare

- 1 Abuse Risk Analysis
- 2 Opioid Education
 - Risks/Benefits
 - Storage
 - Disposal
- 3 Pain Expectation setting

Perioperative

While Inpatient (ERAS*)

Upon Discharge (MOPiS[£])

- 1 Prescribing Opioid Alternatives
- 2 PMP Look-up
- 3 Safe Handling
- 4 Prescribing Minimization

Postoperative

Provide Safe Retrieval Option

- 1. Retrieve
- 2. Educate

- ¥ ERAS (Enhanced Recovery After Surgery)
- £ MOPiS (Minimizing Opioid Prescribing in Surgery)













(Retrospective) Keys to Success

Make the right initial hires

Be useful to many others

Develop your own faculty

Leverage available resources

Lots and lots of luck

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